PURANEWSLETTER

PURDUE UNIVERSITY WINTER 2015

PURDUE UNIVERSITY RETIREES ASSOCIATION

VOLUME 39.NUMBER 1

Wellness screenings relocate

Free wellness screenings for Purdue retirees and their partners will be offered throughout the spring semester at Lyles-Porter Hall at Harrison and University streets.

Lyles-Porter is the new home for the A.H. Ismail Center for Health, Exercise and Nutrition, as well as the Department of Speech, Language, and Hearing Sciences and Clinics. It also houses the Nursing Center, the Nutrition and Exercise Center and the Psychology Treatment and Research Clinics, as well as

the Indiana University School
of Medicine – Lafayette. A

adjacent to Lyles-Porter, and screenings are conducted in the clinical offices on the first floor.

In addition to wellness screenings done by Indiana University medical students, third- and fourth-year applied exercise and health students will offer retirees free fitness assessments. The Department of Speech, Hearing and Language Sciences also will offer free hearing, speech, and swallow screenings, and nurse practitioner students will offer a variety of services, such as skin cancer screenings, and ear and foot checks.

Purdue retirees and their partners are eligible for one free wellness screening

per year by the Purdue School of Nursing. To participate, schedule an appointment and choose screenings by emailing Chris Rearick, MSN, RN, at crearick@ purdue.edu or by calling 765-496-0308. Screenings are available to the community for \$40. Insurance, Medicare and Medicaid are not accepted.

The screenings are available from **9 a.m. to 1 p.m.** on the following days:

Feb. 20 March 4, 6 and 9 April 3 and 17



UnitedHealthcare

NEW BILLING PROCESS FOR HEALTH INSURANCE

Effective Jan. 1, 2015, United Healthcare implemented a new billing process for the payment of health insurance premiums.

All Purdue retirees with
United Healthcare health
insurance plans through
the Purdue University
Retirees Association should
have received a mailing
from United Healthcare
explaining the change.

FREQUENTLY ASKED QUESTIONS:

If I have paid my premiums in the past through electronic fund transfers (EFT) from my bank do I need to do anything?

No. Your premium will continue to be deducted from your bank on the fifth of each month. You will continue to receive monthly invoices that will serve only as reminders that the funds will be deducted.

If I pay for the entire year by check, will I continue to receive monthly invoices?

After you pay for the entire year, you will receive one additional invoice showing that nothing more is due for the rest of the year.

What does the "Go Paperless" statement on the invoices mean?

This is a standard statement that United Healthcare includes on all invoices to encourage retirees to use EFT or credit cards to make payments.

Can one check be used to pay for more than one invoice?

Benefits Committee has negotiated a process to start on July 1, 2015, that will combine all invoices for a household into one invoice in order to save money on processing and help avoid errors. More information will be provided to you before this change is implemented.

If you have further questions, direct them to Kate LaMar, benefits customer service administrator for Purdue Human Resources, at klamar@purdue.edu, 765-494-1694.

Correction

Martha Chiscon's name was inadvertently omitted from the list of recipients of the Betty M. Nelson Award in the article that appeared on Page 3 of the Fall PURA Newsletter.

We regret the error and congratulate Martha on this recognition!



PURA Common Read discussion in March



Members of the PURA Executive Board and the Purdue University Press collaboratively sponsored the first PURA Community Common Read this past fall, selecting "The Deans' Bible" as a Purdue University Press (PUP) publication that bridges the gap between Purdue's history and its

aspirations. With the promise of this spring's discussion, PURA members eagerly purchased copies of the book from PUP at the fall kickoff luncheon.

A reception for author Angie Klink and Betty Nelson — one of the deans featured in the story — will be held at 2 p.m. on Monday, March 30, in the meeting room on the second floor of the West Lafayette Public Library. Immediately following, library director Nick Schenkel will present a short review of the book and lead a discussion. Parking is available to PURA members in the library's garage across the street. The library has an elevator to take attendees to the second floor.







Betty M. Nelson

PURA BOARD ADDS TREASURER

The PURA Executive Board has approved the creation of a treasurer position, separate from the secretary, to ensure that the organization maximizes its available funds by having a "chief financial officer" who is knowledgeable of the overall financial picture of the organization and aware of the sources and uses of its funds. The following changes to the PURA bylaws were approved at the February PURA luncheon:

Section 4.1 Officers. The officers of the Association shall be a President, a Vice-President, a Past-President, a Secretary, a Treasurer and a Historian. Officers shall be elected as provided in Article V. Each officer shall serve without compensation.

Section 4.2 Responsibilities, Terms of Office and Term Limits.

(d) The Secretary shall record the minutes of all meetings and activities of the Association and of the Executive Board. The Secretary shall serve a three-year term, but may be elected to serve a second three-year term with a maximum uninterrupted term of six (6) consecutive years.

(f) The Treasurer shall be responsible for the financial affairs of the Association and shall maintain complete and accurate financial records, and communicate the financial status of the Association to the Officers, Executive Board and appropriate committee chairs. The

Treasurer shall be an ex officio member of the Endowment Committee and shall maintain permanent records of the endowments.

At the April PURA luncheon meeting, members will vote for the 2015-16 board candidates. The slate proposed by the board is:

President: Olivia Wood Vice-President: Melinda Bain Secretary: Deborah Dimmitt Treasurer: Bob Bain Historian: Carolyn Jones Past-President: Dan Collins

Those Were the Days: Mary Gardner, enduring Boilermaker

by JoAnn Thomas

Mary Gardner came to campus shortly after the end of World War II. Like "The Man Who Came to Dinner," she never left. Technically, there was a hiatus to raise four children, but she returned to pick up seamlessly.

Mary, who preferred not to be pictured with this story, was not the typical student. She was tested, interviewed and placed with 89 other top-notch young women in a select program called "liberal sciences." There was a core curriculum, but the women were encouraged to take diverse courses and activities. Mary chose, among other things, to work on the Exponent. Later, liberal sciences would become the School of Humanities. These women lived in Cary East, making them the best-fed women on campus, at a time when meals were a chronic complaint of the ladies in other women's residence halls.

Mary became part of Purdue history in one of the campus's most tragic events. Purdue was beating Wisconsin soundly in a basketball game on Feb. 24, 1947, in Purdue Fieldhouse (now called Lambert Fieldhouse). As the teams were walking off the court at halftime and the fans were on their feet cheering, the bleachers collapsed. Three students died — two of them, World War II veterans — and hundreds were injured. Mary sustained an injury to her heel that wasn't lasting.

After attending Purdue for two years, Mary returned home, married and became the mother of four children. She was from a family of college graduates who firmly believed in higher education. As a role model for four children, Mary believed she needed to finish her education. Returning to Purdue in 1968, she was in class with campus luminaries such as Leroy Keyes and that year's Golden Girl. Mary asked Rick Mount for his autograph

for her third-grade son. Her son was so pleased that he sent his own signature to Mount.

Later, degree in hand, Mary landed her first of two dream jobs. She was acquainted with John Hicks, assistant to Purdue President Arthur G. Hansen, and for five years she was his secretary. Later, Provost Felix Haas asked her to be his administrative assistant. Haas was an inspired man who had taught in many leading U.S. universities. As

provost, he helped to create the Department of Computer Science. During the six years she held the position, Mary helped people all over campus, and off campus, as well. Being in the presence of these intelligent and insightful men must have helped develop the skills she uses today.

Mary understood that after being educated, married or retired, people often stopped studying. This concerned her; she knew

that an educated citizenry is a better citizenry. The Elderhostel group was sponsoring a conference at William and Mary College to get the Institute for Learning in Retirement started, and Purdue sent Mary. She returned to West Lafayette to help establish Wabash Area Lifetime Learning Association (WALLA). This is a thriving organization offering Spring and Fall classes, trips, movies and outings. Mary continues to hold the daunting job as the WALLA coordinator.

Following the old adage, "If you want to get something done, ask a busy person," Mary again has been asked to do something different. Every

summer, people from all over the U.S. and elsewhere come to Purdue and form a choral group on campus. Some bring spouses who then have five days with nothing to do. Mary has formed a curriculum where attendees are bused to hear Purdue people talk about their activities. Her son named it "Purdue's All You Can Learn Buffet." Last summer was the 21st year of the program, and it filled to capacity. Mary makes sure that everyone is welcome. The





Mary Gardner worked for two highly regarded Purdue administrators, John Hicks (left), who at the time was the assistant to President Arthur Hansen, and Felix Haas (right), former provost.

program's buses accommodate wheel-chairs and walkers. The learners come expecting to hear about engineering and end up on Purdue farms, inspecting green roofs, visiting labs and listening to world-class scientists. Some come every year, so Mary scrambles for variety and gently browbeats speakers who generously share their time. Mary claims to be retired, but it doesn't seem like it. And thank heavens!

CAMPUS AND COMMUNITY ACTIVITIES

PURA PICKLEBALL CAPS OFF 2014



Players learn the rules of Pickleball at the France A. Córdova Recreational Sports Center.

Members of the PURA Campus and Community Committee ended 2014 by hosting a session of Pickleball at the Córdova Center in October. A large group learned how to play the sport.

"Pickleball is a fun and healthy exercise for people of any age, including us retirees," says PURA member Joan Mohr Samuels.

The committee is currently planning a slate of spring events. Information about upcoming events can be found on the PURA website.

www.purdue.edu/retirees. The committee encourages PURA members to use the Córdova Center during the winter months.

Remember your Silver Sneakers benefits:

As a Purdue Retiree covered by United Health Care (UHC) insurance, you are eligible for Silver Sneakers and may use the Córdova Recreational Sports Center (Co-Rec) at no cost. If you are not eligible for Silver Sneakers, you can inquire about a retiree membership at the Co-Rec.

Silver Sneakers members can bring a lock (and towel, if you care to shower after exercising). There is no locker fee.

If you have an A parking pass, you will

find ample parking north and west of the building. Metered spots are available for those without parking passes.



Faculty, staff, students and retirees use the treadmills at the France A. Córdova Recreational Sports Center (Co-Rec).

Monday luncheon programs

By Sue Scholer, program committee co-chair

Have you ever wondered how those monthly MCL luncheon programs come together? They are a result of the good work of the PURA Program Committee — with the help of Michele Salla and the Hospitality Committee. Here's how it happens:

Once a year, when PURA committees gather to plan the coming year's events and look at the previous year's accomplishments, Program Committee members look at a list of your suggestions for topics and speakers. Some of the ideas have been passed on from a previous year, others come from members who attended past luncheons. And sometimes, good ideas come up during conversations at meetings. The committee picks 11 topics and then identifies members who agree to act as contact persons.

Usually the committee has 11 members, and each member takes a month to act as program coordinator. Duties include scheduling the speaker, finding out if equipment is needed (MCL only has a screen, projector cart and one microphone), and determining what equipment the speaker can provide. A short biography of the speaker and the name of the person who will deliver the "Moment of Inspiration" must be sent to

Michele Salla so that she can prepare each month's program.

On the day of the luncheon, Hospitality Committee members step in to set up equipment in the room. The program coordinator for the month moderates at the luncheon. Coordinators arrange for a volunteer to share the "Moment of Inspiration," do it themselves, or skip it if the program is lengthy. This "moment" is brief and considerate of members' diverse religious beliefs. We want everyone to feel welcome!

Of course, one of the highlights each month is the music that is handled by Roy Johnson and Jeris Eikenberry — our music men.

PURA volunteers work together to provide a monthly event of fellowship, fun and a program that is of interest. If you would like to be involved in the program or become a coordinator, think about joining the PURA Program Committee. And, please, if you have a program idea, pass it along to one of our members!



PURA member Dee Cox-Petterson is helped to her seat at a recent PURA Monday luncheon.



TWO SPECIAL SPRING EVENTS

A reception for PURA's first Common Read program with *The Deans' Bible* author Angie Klink and Betty Nelson — one of the deans featured in the book — will be at 2 p.m. Monday, March 30, in the second floor meeting room of the West Lafayette Public Library. Nick Schenkel will lead a discussion immediately

afterwards. Parking is available in the lot across the street from the library.

The Purposeful Living in Retirement program is scheduled for Wednesday, April 22, 2015, at the Beck Agricultural Center. More information will be available at the PURA website, www.purdue.edu/retirees, when plans are finalized.

PURA INFORMATION IS JUST A CLICK AWAY



Retirees can find current information about PURA committee-sponsored events at the PURA website, **www. purdue.edu/retirees**. We encourage you to bookmark it or simply type "Purdue University Retirees" in your search engine and choose the destination that fits your needs.

The PURA Health Insurance and Other Benefits Committee also invites you to find weekly updated information on your PURA health care programs at the Benefits/Health Insurance link in the toolbar atop the PURA website.

MONTHLY LUNCHEON PROGRAMS



Please join us at the MCL Cafeteria in West Lafayette the first Monday of each month to visit with friends and to learn about some things that might affect your everyday life. Lunch is available beginning at 11 a.m., and each program begins at 11:50 in the Purdue Room.

PURA 2015 Monday Luncheon Programs

March 2 Topic: Purdue Theatre

Speaker: Joel Ebarb

Coordinator: Marilyn Ziemer

April 6 Topic: Community Gardens and Trees

Panel: Jeff Phillips, Don Nead and Lynn Layden

Coordinator: Jane Brown

May 4 Topic: Purdue Press

Speaker: Katherine Purple Coordinator: Sue Topping

June 1 Topic: Delphi, A Stellar Community

Speaker: Mayor Randy Strasser Coordinator: Martha Fletcher

July 6 Topic: Modern Cooperative Extension Service

Speaker: Jason Henderson Coordinator: John Trott

Aug 3 Topic: Retiree Volunteering

Panel: Habitat for Humanity, Boiler Volunteer Network

Coordinator: Sandy Komasinski



The Purdue University Retirees Association Newsletter is published for official retirees of Purdue University by the Office of Marketing and Media. For a change of address, please use the form on the back page of this newsletter or send email to hr@purdue.edu.

Any suggestions or ideas for PURA should be referred to: Office of Retiree Affairs, 401 S. Grant St., West Lafayette, IN 47907-2024. Telephone 765-494-1779 or (toll free) 877-725-0222. Email masalla@purdue.edu.

PURA liaison: Amy Raley Designer: Necia Ketterman

Copy editor: Paula McKinney PURA communications committee chair/editor: Jill May

www.purdue.edu/retirees





Purdue University Retirees Human Resources — Benefits 401 S. Grant St. West Lafayette, IN 47907-2024

Check and approve your address information

PURA is working hard to stay current with addresses, phone numbers and email addresses for retirees. Please check carefully

the accuracy of your name and address as it appears on the mailing label of this issue of the newsletter. Please make any changes below and mail them to the address provided or email them to **hr@purdue.edu**. Thank you!

Purdue University Retirees Please help us keep your information accurate. Send any changes from the mailing label on this issue of the PURA Newsletter. Thank you for your help!		
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 □ I do not want to receive PURA mailings. □ I do not want to be included in a future "PURA Retiree Directory." 		Return this form to: Purdue University Retirees Human Resources — Benefits 401 S. Grant St. West Lafayette, IN 47907-2024